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## BOOK REVIEWS

GRACE H. CAMERON, R.N., DEPARTMENT EDITOR

**THE PSYCHOLOGY OF NURSING.** By Aileen Cleveland Higgins, A.B., R.N. (Mrs. John Archibald Sinclair). G. P. Putnam's Sons, New York and London. Price, \$2.50.

We have at last a practical textbook on psychology written especially for nurses. Many students come into the nursing schools with no knowledge whatever of this subject. During the first year psychology can be studied with inestimable benefit if the simple, practical lessons of this textbook are followed. The author has developed a plan of study that will appeal to the student. She indicates five types of nurses in training and five types of patients. Each type is given a name as an individual. The nurses are admitted as probationers. In their hospital experience they come in contact with Mr. Andrews, Mrs. O'Brien and the others, and the "Conscious Forces," "Human Adjustments," "Instincts," "Habits," "Memory," and all the other divisions of "The Science of the Mind" are, as it were, personally experienced. At the end of each chapter are Questions for Study; a list of References; and Questions for Re-education. These last are for each student to answer for herself. Some of the questions are: "What faults do I admit I possess?" "How does responsibility affect me?" "Why do I wish to become a nurse?" "Why do I get on better with some patients than with others?" As psychology is being taught each year by an increasing number of nursing schools, this excellent textbook will be found of definite value.

**AMERICAN RED CROSS WORK AMONG THE FRENCH PEOPLE.** By Fisher Ames, Jr. The Macmillan Company, New York City. Price, \$2.00.

This is the fifth volume, issued under the auspices of the Red Cross, relating in a general fashion the activities of that splendid organization in Europe, during and immediately following the World War. The wide scope of the work and the broad character of Red Cross efforts may not have been fully appreciated by the majority of the people in this country who contributed so generously to its call. The present account of the work done in France is written with vigor and understanding. After reading this book, one can, at least in part, comprehend the effort France is making to hold Germany to the full payment of the prescribed indemnities. The despoiling of homes; the extermination of fruit trees; the utter destruction of all manufacturing buildings and machinery; the flooding of mines; the